

| Team Name | Division | Pool | CAT | CAT Group | CAT'ing with |
|-------------------------------|----------------|---------------------|-----|-----------|---------------|
| Bombastic FC B | CAT | n/a | YES | a | A, M |
| Campo Atletico B | CAT | n/a | YES | a | A |
| Metropolitan B | CAT | n/a | YES | a | A |
| Rino's Fury B | CAT | n/a | YES | a | A, M |
| Royal City SC B | CAT | n/a | YES | a | A, M-A, M-B |
| Snipers FC B | CAT | n/a | YES | a | A |
| Vancouver Greencaps B | CAT | n/a | YES | a | A |
| Campo Atletico A | Division 1 | n/a | YES | a | B |
| CCB Guidford FC A | Division 1 | n/a | YES | a | U21 |
| FC Romania A | Division 1 | n/a | YES | a | M-A, M-B |
| Metropolitan A | Division 1 | n/a | YES | a | B |
| NVFC Norvan Lions A | Division 1 | n/a | YES | a | M-A, M-B |
| Rino's Fury A | Division 1 | n/a | YES | a | B, M |
| Bby Selects W Eagles A | Division 2 | B | YES | a | U21 |
| Bombastic FC A | Division 2 | B | YES | a | B, M |
| FC Serbia United A | Division 2 | B | YES | a | M-A, M-B |
| Harps FC A | Division 2 | B | YES | a | M |
| Meraloma FC A | Division 2 | B | YES | a | M-A, M-B |
| Sarajevo FC A | Division 2 | A | YES | a | U21 |
| Shaheen FC A | Division 2 | B | YES | a | M |
| Snipers FC A | Division 2 | A | YES | a | B |
| Unicorns FC A | Division 2 | B | YES | a | M |
| Vancouver Greencaps A | Division 2 | B | YES | a | B |
| VUFC Rangers A | Division 2 | B | YES | a | M-A, M-B |
| GFC United A Lions | Division 3 | B | YES | a | M |
| Royal City SC A | Division 3 | A | YES | a | B, M-A, M-B |
| VAFC A Celtic | Division 3 | A | YES | a | M-A, M-B |
| Bombastic FC M | O35 Division 1 | n/a | YES | a | A, B |
| FC Serbia United M-A | O35 Division 1 | n/a | YES | a | A, M-B |
| Harps FC M | O35 Division 1 | n/a | YES | a | A |
| NVFC Norvan Lions M-A | O35 Division 1 | n/a | YES | a | A, M-B |
| Shaheen FC M | O35 Division 1 | n/a | YES | a | A |
| GFC United M C-Men | O35 Division 2 | n/a | YES | a | A |
| Meraloma FC M-A | O35 Division 2 | n/a | YES | a | A, M-B |
| Rino's Fury M WS Bulldogs | O35 Division 2 | n/a | YES | a | A, B |
| Royal City SC M-A Kingsmen | O35 Division 2 | n/a | YES | a | A, B, M-B |
| Unicorns FC M | O35 Division 2 | n/a | YES | a | A |
| VAFC M-A Spurs | O35 Division 2 | n/a | YES | a | A, M-B |
| Coq Metro Ford M-A PCE | O35 Premier | n/a | YES | a | A, U21, M-B |
| Croatia SC M | O35 Premier | n/a | YES | a | A |
| FC Romania M-A | O35 Premier | n/a | YES | a | A, M-B |
| ICSF Columbus FC M-A | O35 Premier | n/a | YES | a | A, M-B |
| PCOV M-A | O35 Premier | n/a | YES | a | M-B |
| VUFC Rangers M-A | O35 Premier | n/a | YES | a | A, M-B |
| West Van FC M | O35 Premier | n/a | YES | a | A |
| Westside FC M | O35 Premier | n/a | YES | a | A |
| VUFC Rangers M-B | O45 Division 1 | n/a | YES | a | M-A, A |
| FC Serbia United M-B | O45 Division 1 | n/a | YES | a | M-A, A |
| Meraloma FC M-B | O45 Division 1 | n/a | YES | a | M-A, A |
| Royal City SC M-B Rovers | O45 Division 1 | n/a | YES | a | M-A, A, B |
| VAFC M-B Thunder | O45 Division 1 | n/a | YES | a | M-A, A |
| Coq Metro Ford M-B Old Wolves | O45 Premier | n/a | YES | a | U21, A, M-A |
| FC Romania M-B | O45 Premier | n/a | YES | a | M-A, A |
| ICSF Columbus FC M-B | O45 Premier | n/a | YES | a | M-A, A |
| NVFC Norvan Lions M-B | O45 Premier | n/a | YES | a | M-A, A |
| PCOV M-B | O45 Premier | n/a | YES | a | M-A |
| Coq Metro Ford A Wolves | Premier | n/a | YES | a | U21, M-A, M-B |
| Croatia SC A | Premier | n/a | YES | a | M |
| EDC FC Burnaby A | Premier | n/a | YES | a | U21 |
| ICSF Columbus FC A | Premier | n/a | YES | a | M-A, M-B |
| North Delta SC A | Premier | n/a | YES | a | U21 |
| Pacific United LFC A | Premier | n/a | YES | a | U21 |
| Pegasus FC A | Premier | n/a | YES | a | U21 |
| Rovers Tigers United A | Premier | n/a | YES | a | U21 |
| West Van FC A | Premier | n/a | YES | a | U21, M |
| Westside FC A | Premier | n/a | YES | a | U21, M |
| Bby Selects W Eagles U21 | U21 | TBD after 1st Round | YES | a | A |

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| CCB Guildford FC U21 | U21 | TBD after 1st Round | YES | a | A |
| Coq Metro Ford Jr Wolves | U21 | TBD after 1st Round | YES | a | A, M-A, M-B |
| EDC FC Burnaby U21 | U21 | TBD after 1st Round | YES | a | A |
| North Delta SC U21 | U21 | TBD after 1st Round | YES | a | A |
| Pacific United LFC U21 | U21 | TBD after 1st Round | YES | a | A |
| Pegasus FC U21 Prospects | U21 | TBD after 1st Round | YES | a | A |
| Rovers Tigers United U21 | U21 | TBD after 1st Round | YES | a | A |
| Sarajevo FC U21 | U21 | TBD after 1st Round | YES | a | A |
| West Van FC U21 | U21 | TBD after 1st Round | YES | a | A |
| Westside FC U21 | U21 | TBD after 1st Round | YES | a | A |
| NVFC Norvan Storm A | Division 2 | B | YES | b | Storm U21 |
| CCB Guildford FC Elite A | Division 3 | C | YES | b | Elite U21 |
| Westside FC Originals A | O35 Division 2 | n/a | YES | b | Orig B |
| Westside FC Originals B | O45 Premier | n/a | YES | b | Orig A |
| CCB Guildford FC Elite U21 | U21 | TBD after 1st Round | YES | b | Elite A |
| NVFC Norvan Storm U21 | U21 | TBD after 1st Round | YES | b | Storm A |
| Akal FC | Division 1 | n/a | NO | | |
| Binger's Army | Division 1 | n/a | NO | | |
| GN Sporting Club | Division 1 | n/a | NO | | |
| Rino's Tigers | Division 1 | n/a | NO | | |
| Rino's Vanc SC | Division 1 | n/a | NO | | |
| South Delta Royals | Division 1 | n/a | NO | | |
| 13th Legion FC | Division 2 | A | NO | | |
| Astro FC | Division 2 | A | NO | | |
| Bby Metro Athletic | Division 2 | A | NO | | |
| Euro FC | Division 2 | A | NO | | |
| Gastown FC | Division 2 | B | NO | | |
| NK Hrvat A | Division 2 | A | NO | | |
| PCOV Europa | Division 2 | A | NO | | |
| Punjab Hurricanes | Division 2 | A | NO | | |
| Sea to Sky FC | Division 2 | A | NO | | |
| Tanoa Lobbans FC | Division 2 | B | NO | | |
| Twin Arrows | Division 2 | A | NO | | |
| Vancouver Strikers | Division 2 | A | NO | | |
| America FC | Division 3 | A | NO | | |
| Ante Up United | Division 3 | A | NO | | |
| B United | Division 3 | B | NO | | |
| Bosna SC | Division 3 | B | NO | | |
| Bowen Island FC | Division 3 | B | NO | | |
| Burnaby Selects AFC | Division 3 | A | NO | | |
| Campo Libre | Division 3 | A | NO | | |
| Cliff Senior Cobra | Division 3 | B | NO | | |
| Coq Metro Ford Lupi | Division 3 | C | NO | | |
| Cosmos FC | Division 3 | B | NO | | |
| Ex Patriots | Division 3 | B | NO | | |
| France FC | Division 3 | A | NO | | |
| Joga Bonito FC | Division 3 | A | NO | | |
| Marpole Vancouver Tropics | Division 3 | B | NO | | |
| NVFC Norvan Vikings | Division 3 | C | NO | | |
| PCOV Benfica | Division 3 | B | NO | | |
| Rich FC Olympics | Division 3 | C | NO | | |
| Royal Dutch Cousins | Division 3 | C | NO | | |
| Royal United FC | Division 3 | C | NO | | |
| Siaron | Division 3 | B | NO | | |
| South Delta Rangers | Division 3 | C | NO | | |
| Strathcona United | Division 3 | C | NO | | |
| West Coast Celts | Division 3 | C | NO | | |
| West Coast Saints | Division 3 | A | NO | | |
| West Van Royals | Division 3 | C | NO | | |
| Westside FC Juniors | Division 3 | A | NO | | |
| Croatia SC Stallions | O35 Division 1 | n/a | NO | | |
| Falconetti's Eastside FC | O35 Division 1 | n/a | NO | | |
| Green Devils FC M | O35 Division 1 | n/a | NO | | |
| N Coq Utd FC Shooters | O35 Division 1 | n/a | NO | | |
| West Van FC Flying Horses | O35 Division 1 | n/a | NO | | |
| Bombastic FC Jurassic | O35 Division 2 | n/a | NO | | |
| Burnaby Wolves | O35 Division 2 | n/a | NO | | |
| Eagles FC | O35 Division 2 | n/a | NO | | |

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| East Van Forrest | O35 Division 2 | n/a | NO | | |
| Alemania FC | O35 Division 2 | n/a | NO | | |
| Arya FC M | O45 Division 1 | n/a | NO | | |
| Caribbean All Stars | O45 Division 1 | n/a | NO | | |
| Cliff Avenue Ashfords | O45 Division 1 | n/a | NO | | |
| Maplewood United | O45 Division 1 | n/a | NO | | |
| NK Hrvat Breville | O45 Division 1 | n/a | NO | | |
| PCOV Lusitanos | O45 Division 1 | n/a | NO | | |
| 22nd Ave Lions | O45 Premier | n/a | NO | | |
| Dbr Physio Dragons FC | O45 Premier | n/a | NO | | |
| IG MicroMed Dragons | O45 Premier | n/a | NO | | |
| SFU Royals | O45 Premier | n/a | NO | | |
| South Delta FC | O45 Premier | n/a | NO | | |
| Vancouver Spartans | O45 Premier | n/a | NO | | |
| Club Inter | Premier | n/a | NO | | |
| Rich FC Hibernian A | Premier | n/a | NO | | |
| Wesburn FC | U21 | TBD after 1st Round | NO | | |